

OPPORTUNITY TO TAKE PART IN RESEARCH



What are the psychological factors that influence hoarding disorder?

My name is Shemariah Hillman. I am a Clinical Psychologist in Training. I would like to invite you to consider participating in a research study. Hoarding and OCD are both incredibly difficult and disabling to experience. I hope that by understanding these conditions better, we can improve the support and interventions available.

The study aims to investigate different psychological factors that might be involved in hoarding. These factors are related to difficulty experiencing uncertainty, distress and anxiety. It is possible that people who hoard might experience higher levels of these which may impact on the occurrence and severity of hoarding. However, current research is limited.

This study will therefore compare these aspects between people who hoard, those who experience OCD, and those with no mental health problem. This information will be useful as a better understanding may help to develop existing treatments by including a focus on these.

What would I need to do?

Participating in this study takes place over the internet. After registering your interest in the study, you will be sent a link to a secure webpage. There you will be able to read more information about the study and then decide whether you want to participate. If you do, you will then be asked to complete a series of online questionnaires.

If after the first few questionnaires the study is suitable for you, as a thank you for your participation you will be given a £5 Amazon voucher and you can choose to have a small donation made to a Hoarding or OCD charity on your behalf if you wish.

Who can take part in this study?

We are looking for people who hoard, people with OCD, and people without mental health difficulties.

How long will it take?

It is estimated that participating in the study will take approximately 45 minutes to an hour in total.

Is it confidential?

Yes. Participation is anonymous unless you choose to provide your contact details to be provided with the findings of the study or for future research participation. This, and all of the information you provide will be kept strictly confidential and securely stored.

How do I take part?

Please contact Shemariah on hoarding.study@bath.ac.uk to access the survey.

How to get more information about the study?

If you think you might be interested in taking part but have questions or would like to discuss the study, please contact:

Shemariah Hillman
Clinical Psychologist in Training
University of Bath
Email: hoarding.study@bath.ac.uk
Phone: 07546718211

Dr James Gregory (Research Supervisor)
Clinical Psychologist
University of Bath
j.d.gregory@bath.ac.uk

This study has been approved by the University of Bath Ethics Committee. Reference Number: 17-232.