



**INSTITUTE  
of MENTAL  
HEALTH**



**Community  
Mental  
Health  
Team**

Date: 17<sup>th</sup> March 2016

To: Jo Cooke and Amanda Peet  
Hoarding Disorders UK CIC

From: Sng Siok Yen Melissa  
Senior Staff Nurse  
Community Mental Health Team  
Institute of Mental Health

I am writing this letter to express my gratitude to Jo Cooke and Amanda Peet of Hoarding Disorders UK CIC.

The training program is an enriched and incredible learning experience. It is highly motivating training that I can put into practice in helping clients and families with hoarding issues. Hand-on sessions inside hoarders homes are practical and useful and has provided an unforgettable experience working with clients and the families in managing their hoarding issues. This helps to gain a greater insight on the impact of hoarding, the concept of empowerment, the unique person-centered approach and the use of the 8 step plan. Clients and families are well supported through the informative support group sessions.

The intensive collaboration work with the multi-agencies continues to develop good partnership in helping clients in managing the hoarding issues and day to day life. In addition, the training for the multi-agencies creates a good hoarding awareness.

Jo and Amanda's passion and commitment in helping people with hoarding issues make an amazing difference in hoarders' life as it helps to embrace change in all aspects of their lives.

The Hoarding Disorders UK CIC program is an excellent program that I have ever attended. I hope that The Hoarding Disorders UK CIC will continue to grow because of Jo and Amanda's remarkable dedication and the effectiveness of the 8 step plan in helping people with hoarding issues.

Thank you very much for the excellent training experience!

Yours sincerely,

SSN Sng Siok Yen Melissa  
CMHT/IMH